

## BOOKS REFERENCED BY MICHAEL LERNER

Thank you for joining Healing Circles Langley on January 3 at Soundview Center as we welcomed Michael Lerner and participated in a conversation on Reflections of Healing. A few of you asked for books that he referenced, and they are as follows:

1. [Outlive](#), written by Peter Attia, MD
2. [Together, The Healing Power of Human Connection in a Sometimes Lonely World](#), written by Vivek Murthy, MD
3. [Parable of the Sower and Parable of the Talents](#), Octavia E. Butler

Michael Lerner is the co-founder of [Commonweal](#). Commonweal supports over 40 programs that offer healing, build resilience, and work toward justice. Commonweal's programs engage with science and research, encourage collaboration, and host events that help communities connect, grow, reflect, and learn.

Michael has worked extensively in environmental health and justice, integrative cancer care, and the polycrisis awareness movement. His current work is centered on personal and planetary resilience. He is a MacArthur Fellow and author of [Choices in Healing: Integrating the Best of Conventional and Complementary Therapies](#).

